

The human rights scandal continues



#HumanToo
#StrippedofHumanRights

The latest data shows there are

at least 2,125

people with a learning disability and/or autism in inpatient units.

NHS Digital Assuring Transformation data, August 2026

Shocking levels of restrictive practices

Within July

8,670

reported uses of restrictive interventions in one month e.g. **physical, chemical, mechanical restraint** and being **kept in isolation**.

Of these,

3,100

were against **Children** (under 18s).

NHS Digital MHSDS data: July 2026, published September 2026



Shut away for too long

The average length of stay for people with a learning disability and/or autism who are currently in inpatient units is

4.6 years

NHS Digital Assuring Transformation data, August 2026



Children in units

Under 18s

The number of children with a learning disability and/or autism in inpatient units has increased since the start of the Transforming Care Programme.

March 2015

August 2026

170

215

NHS Digital Assuring Transformation data, August 2026



Delayed discharge

210 people were 'clinically ready for discharge' at the end of the month.

Top reasons for delayed discharge: lack of suitable housing and social care.

NHS Digital Assuring Transformation data, July 2026



mencap



September 2026