

The human rights scandal continues



#HumanToo
#StrippedofHumanRights

The latest data shows there are

at least 2,115

people with a learning disability and/or autism in inpatient units.

NHS Digital Assuring Transformation data, July 2026

Shocking levels of restrictive practices

Within June

8,630

reported uses of restrictive interventions in one month e.g. **physical, chemical, mechanical restraint** and being **kept in isolation**.

Of these,

2,940

were against **Children** (under 18s).

NHS Digital MHSDS data: June 2026, published August 2026



Delayed discharge

210 people were 'clinically ready for discharge' at the end of the month.

Top reasons for delayed discharge: lack of suitable housing and social care.

NHS Digital Assuring Transformation data, July 2026



Shut away for too long

The average length of stay for people with a learning disability and/or autism who are currently in inpatient units is

4.6 years

NHS Digital Assuring Transformation data, July 2026



Children in units

Under 18s

The number of children with a learning disability and/or autism in inpatient units has increased since the start of the Transforming Care Programme.

March 2015

July 2026

170

215

NHS Digital Assuring Transformation data, July 2026



men



August 2026