

# The human rights scandal continues



#HumanToo  
#StrippedofHumanRights

The latest data shows there are

## at least 2,105

people with a learning disability and/or autism in inpatient units.

NHS Digital Assuring Transformation data, April 2026

## Shocking levels of restrictive practices

Within March

# 8,105

reported uses of restrictive interventions in one month e.g. **physical, chemical, mechanical restraint** and being **kept in isolation**.



Of these,

# 2,340

were against **Children** (under 18s).

NHS Digital MHSDS data: March 2026, published May 2026

## Delayed discharge

**210** people were 'clinically ready for discharge' at the end of the month.

Main reason for delayed discharge: lack of suitable housing in the community.

NHS Digital Assuring Transformation data, April 2026



## Shut away for too long

The average length of stay for people with a learning disability and/or autism who are currently in inpatient units is

# 4.7 years

NHS Digital Assuring Transformation data, April 2026



## Children in units

### Under 18s

The number of children with a learning disability and/or autism in inpatient units has increased since the start of the Transforming Care Programme.

March 2015

# 170

April 2026

# 200

NHS Digital Assuring Transformation data, April 2026



mencap



May 2026