

Challenging Behaviour – National Strategy Group

Getting the transition to adulthood right

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Aims and outcomes of workshop



Attendees will have increased knowledge/understanding of

- The issues that young people with learning disabilities experience transitioning from children's to adult services, and the impact that this has on them and their families
- The CBF and KIDS open letter to government on the three key changes identified by the Transition Subgroup
- What good practice looks like

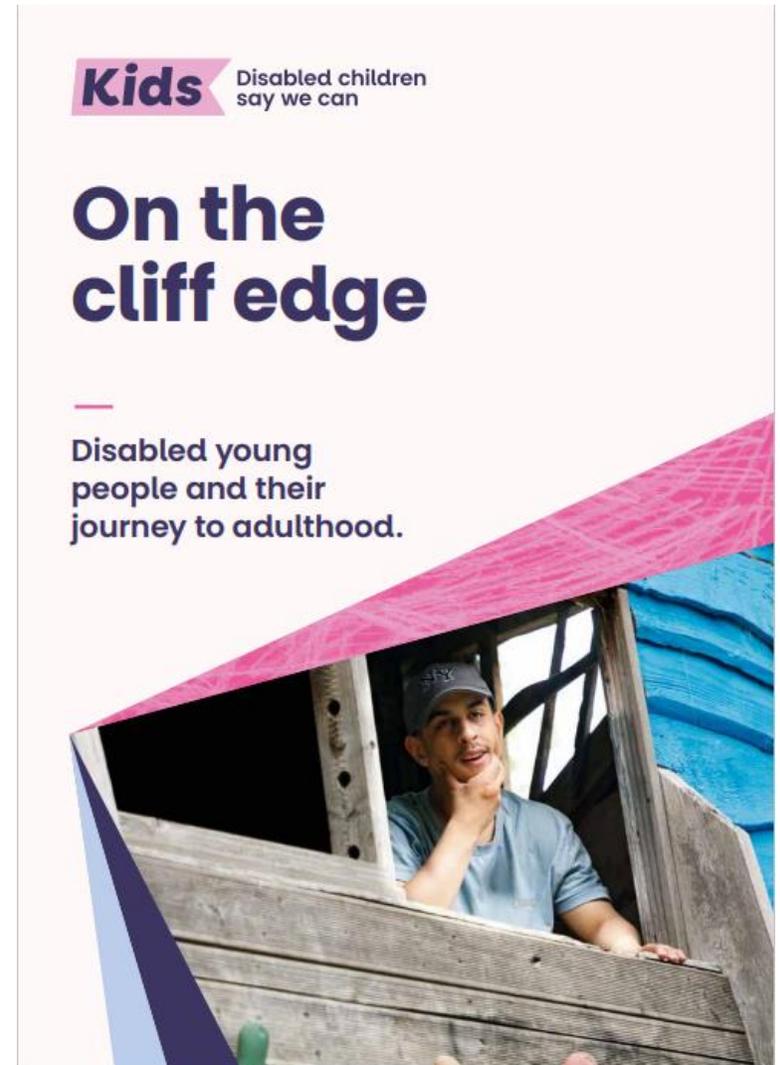
Attendees will have worked collectively to

- Identify examples of good practice, and how to share these
- Identify actions that would improve the experiences of young people and their families

The 'cliff-edge' of transition

- Difficulty navigating the system
- Gaps in support
- Lack of support to live independently
- Discrimination and social exclusion
- Financial conditions

[On the cliff edge report - Kids](#)



CB-NSG Transition Subgroup

- Families told the CBF that transition from children's to adult services was a big issue for them and their relatives
- [Subgroup](#) established July 2024
- Members include family carers and professionals from charities, education, health and social care



What is transition like for young people and their families?

- Preparing for adulthood can be an incredibly daunting and stressful time for families, with **lots of changes happening to the support that surrounds them**
- The planning process is often **complex, confusing** and **hard to navigate**
- Families want **the same things** for their relative with a learning disability as they would anyone else, but feel they **have to fight a lot harder to get this**

T's transition journey

- Aged 17, T was moved 300 miles away from home to a residential school
- T's mother asked local authority about transition to adulthood multiple times before T's 18th birthday, but was ignored
- Transition planning only started when T was already 18
- T is 19 years old and there is currently no plan in place for T's transition to adult services when his current residential school placement ends next month

See the full
transition journey
example



Three key actions to make transition work better

1

Introduce a national, cross-departmental plan for transition co-produced by young people with SEND and their families

2

Introduce a named Transition Coordinator to facilitate a person-centred and ambitious approach to transition

3

Amend the Care Act 2014 to introduce a statutory age – age 14 – to begin transition planning

[End the cliff edge - a named transition coordinator - YouTube](#)



[Take action: sign our open letter to government now - Challenging Behaviour Foundation](#)

Discussion questions

- What are your **experiences of transition** from children's to adult services? What factors make it work well, and what are the barriers to getting it right?
- If a national, cross-departmental plan for transition co-produced by young people with SEND and their families is progressed, **what action should be taken to improve transition** from children's to adult services?



Three things to think about:

- **One piece of information or support available right now** that relates to transition from children's to adult services and supports young people with learning disabilities and behaviour that challenges and their families
- **One 'big, systemic issue'** related to transition for young people with learning disabilities and behaviour that challenges **where we could work together to co-produce change**
- **One practical solution** relating to this issue that you or others in the meeting **could implement tomorrow** to make a difference

