**CBF Workshop Co-Facilitator– Application**

Thank you for your interest in becoming a Workshop Co-Facilitator for the Challenging Behaviour Foundation (CBF). We would like to know a few details about you and your experience of challenging behaviour.

**Section 1:**

|  |  |
| --- | --- |
| Your name |  |
| Telephone |  |
| Email |  |
| Address |  |

**Are you applying for this role as (tick the appropriate answer)**

|  |  |
| --- | --- |
| **A Family Carer?**  All CBF workshop Family Carer (lived experience) Co-Facilitators must have personal experience of caring for someone with a learning disability. |  |
| **A professional PBS Practitioner?**  All professional PBS Co-Facilitators must have an appropriate qualification in positive behaviour support and experience of delivering training on PBS |  |

**Section 2: Personal Lived Experience/Professional Experience and PBS Impact**

*We invite all applicants to share their unique perspectives and personal or professional experiences. In your covering letter, please include a written account detailing:*

* **Personal Lived Experience/Professional Experience:**
  + Provide a brief overview of your journey as a family carer supporting your family member with a learning disability
  + Share some key challenges in caring for your family member with a learning disability
* **Positive Behavior Support (PBS) Impact:**
  + Describe how Positive Behavior Support has played a role in your caregiving experience/Professional Experience.
  + Highlight specific instances where PBS strategies were implemented and their impact on the individual you care for (for Family Carers)/people and families you support (For professionals)
* **Outcomes and Changes:**
  + Reflect on any positive outcomes or changes observed as a result of incorporating PBS into your caregiving approach.
  + Discuss how PBS has influenced the overall well-being and quality of life for your loved one.
* **Personal Insights:**
  + Share any personal insights gained through the application of PBS.
  + Discuss the significance of PBS in shaping your understanding and approach to caring for someone with challenging behavior.

*Word Count Guidance:* While we encourage you to provide a detailed account, we recommend keeping your response focused and impactful. Aim for up to 1 page (250 -300 words) which clearly outlines your suitability for the role of Co-Facilitator. This will capture the essence of your lived experience/professional and the positive influence of using PBS strategies.

***If you are unsure whether your family member displays challenging behaviour, please contact the CBF office to discuss this.***

The successful candidate will need 2 satisfactory references – we understand that for some family carers a recent professional reference may not be possible. This can be discussed during the recruitment process

**All answers are strictly confidential.**

**Thank you for taking the time to complete this form.**

If you have any questions please contact the Challenging Behaviour Foundation

* Tel: 01634 838739
* e-mail: workshops@thecbf.org.uk