



**The Challenging  
Behaviour Foundation**

making a difference to the lives of people with severe learning disabilities



**Are you a parent of a child with a learning disability?**

**Do you have experience of behaviours that challenge or experience of using learning disability CAMHS (Child & Adolescent Mental Health Service) or paediatric neurodevelopmental services?**

**Would you like to join a parent carer research advisory group? (paid role)**

## About the research

University College London and Tavistock and Portman NHS Foundation Trust are leading an exciting new research project evaluating Video Interaction Guidance with parents of children with learning disabilities referred to learning disability CAMHS or paediatric neurodevelopmental services.

Video Interaction Guidance (VIG) is a therapy which helps the parent identify the strengths in the way they interact with their child. Successful communication between a parent and a child is captured on video and discussed with a VIG therapist.

## Your role

**The parent carer advisory group will input their lived experience to inform the research.**

The advisory group will meet a total of 5 times over the next 3 years. There will be:

- 2 meeting in year 1
- 1 meetings in year 2
- 2 meetings in year 3



The majority of meetings will be held online. A maximum of two meetings will be held face to face. These will be held in London.

Travel and replacement care costs available. Joining online will be available as an option for anyone who is unable to travel.

Additional activities (such as providing feedback on study recruitment materials, taking part in a recruitment video) will be done over email or video call.

You will be paid for each meeting you attend, as well as for taking part in optional activities.

## Take part

You do not need to have taken part in VIG yourself to join the parent carer advisory group.

For more information or to express an interest in taking part please contact Imarni Hill: [Imarni.Hill@theCBF.org.uk](mailto:Imarni.Hill@theCBF.org.uk) or call **01634 838739**