

Take part in FREE Challenging Behaviour Workshops

to understand challenging behaviour and learn skills to prevent & respond to your relative's behaviour



About the workshops

For parents, grandparents or siblings of children and adults who have severe learning disabilities or moderate learning disabilities.



Reduce challenging Behaviour



Gain confidence in supporting your relative



Improve your family life

Workshop details



Dates TBC.

If you would like to attend these workshops please email us stating your interest and we will add you to our workshop mailing list so you will be first to know the workshop dates.



Location

Workshops are held online via Zoom.



Workshops are free

If you would like to attend or find out more contact:



Email: workshops@thecbf.org.uk



Telephone: **01634 838739**

Please note places are 'first come first served'.

challengingbehaviour.org.uk

The workshops are for parents, grandparents and siblings of children and adults with severe learning disabilities.

Please use this checklist to ensure the workshops are suitable for you and the child, young person or adult that you care for.

	Yes	No
1. Does the person you support have a severe learning disability?	<input type="radio"/>	<input type="radio"/>
2. Does he/she have either no speech or limited communication skills?	<input type="radio"/>	<input type="radio"/>
3. Does he/she have a significantly reduced ability to learn new skills?	<input type="radio"/>	<input type="radio"/>
4. Does he/she require support with daily living skills such as dressing or eating (as appropriate for their age)?	<input type="radio"/>	<input type="radio"/>

If you have answered yes to all of the above questions, please contact us to book a place.

Our workshops are specifically tailored to families who have a relative with a severe learning disability. If you've answered no to any of the above questions, the organisations below may be better able to support you.

Other useful organisations

Contact

0808 808 3555: Helpline for parents and carers with a disabled child from birth to 25 years.

[Understanding your child's behaviour](#)

[Family Lives](#)

0808 800 2222: Helpline for families with information and advice on any aspect of parenting and family life.

[Teenage behaviour advice](#)

[National Autistic Society \(NAS\)](#)

Online advice: [Information about behaviour](#)

[Cerebra](#)

0800 328 1159: Helpline and advice for families of children with brain conditions.

[Managing Challenging Behaviour](#)

[Newbold Hope](#)

Resources and training for families who have a child with SEND.

[Our Resources](#)