

# Challenging Behaviour - National Strategy Group (CB-NSG)

# Monday 27<sup>th</sup> June 2022 via zoom

# Workshop 5: Intensive support teams

### Workshop Facilitator: Jenni Shaw

#### Time: 11.25-12.35 am session

**The aim of the workshop is to:** Understand the background to, and current context of, Intensive Support Services in the UK. To consider if Intensive Support Teams (IST) services are getting the right outcomes, collecting/sharing the right data and what the future directions should be for ISTs.

#### The objectives are to:

- Present some background on what ISTs are and why they are commissioned
- Present findings of an initial survey of 18 ISTs nationally
- Discuss best practice and challenges to ISTs and their work and objectives
- Discuss ways forward for ISTs, what action is needed more widely for people with learning disabilities and autism who may engage in behaviours that challenge, what next steps might be

#### **Background**

Following the investigation into the abuse at Winterbourne View and other similar scandals, there was a cross-government commitment to transform care and support for people with a learning disability and/or autism who display behaviour that challenges. This is known as Transforming Care. Intensive Support Teams (ISTs) were one development outlined in policy and guidance. The aim of these teams is to keep people out of hospital, in their local community with appropriate support. Such teams have been commissioned in various places in the UK.

The workshop will focus on these key areas:

- Understanding the background and context to ISTs including what policy and guidance says
- Understanding what ISTs should look like and deliver, according to policy and guidance
- Outlining a snapshot of what ISTs currently look like
- Outlining areas of best practice and challenges to IST work and functioning, according to a survey of IST team leads
- Discussing what is working, not working and what action is needed in terms of next steps and ways forward.

#### Workshop agenda

- 1. Welcome and introductions (5 minutes)
- 2. Presentation to give the background and context for this work (25 minutes)
- 3. Group discussion: (25 minutes)

# 4. Actions (15 minutes)

(To be completed after workshop)

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