



Challenging Behaviour - National Strategy Group (CB-NSG)

Monday 27th June 2022

Workshop 1: Early Intervention Support for Challenging Behaviour

Workshop Facilitators: Richard Hastings, Philippa Stobbs & Gemma Grant

Time: 11.25 - 12.35 am session, 14.20-15.30 pm session

The aim of the workshop is to: Develop actions to increase the availability and quality of early intervention for children with learning disabilities and challenging behaviour, or at risk for developing challenging behaviour

Background: There is general acceptance that intervening early for children at risk of poor developmental outcomes is both effective for children and families and likely cost-effective for society. The same case is relevant to children with learning disabilities, but there is a gap between policy and practice.

The objectives of the workshop are to:

- Explore the rationale for early intervention in general for children with learning disabilities, and the relevance for challenging behaviour
- Examine the early risk factors and risk processes for challenging behaviour
- Identify what needs to be provided and when to ensure a joined up early intervention system/pathway for challenging behaviour
- Clarify what needs to change to ensure delivery of a high quality system/pathway for early intervention for challenging behaviour - and what actions CB NSG members will take to drive change

The workshop will focus on these key areas:

- The “case” for early intervention for children with learning disabilities and challenging behaviour and the need for both prevention approaches and early intervention approaches
- The need for a systems approach to early intervention for challenging behaviour – both for the nature of support and how the services system delivers this
- The actions CB NSG members can take individually and collectively to drive forward investment in early intervention and prevention

Workshop agenda

1. Welcome and introductions (5 minutes)

2. Presentation to give the background and context for this work (15 minutes)

Government policy and various guidelines recognize the need and relevance of early intervention also specifically for challenging behaviour, but there is a gap between policy and practice. Many children and adults end up in inappropriate, high cost services, indicating investment in effective early intervention and prevention is inadequate.

Policy and guidance is summarised in 2 CB NSG papers (Community Learning Disability Teams (CLDT) according to NICE, and a paper on Early Intervention according to NICE)

Transforming Care (2012) committed to developing robust and timely community support for all individuals with learning disabilities- and this was re-stated in [Building the Right Support \(2015\)](#) and the [National Service Model \(2015\)](#).

A joint report on [Early Intervention](#) published earlier this year highlighted the need to

- Empower and equip family carers to provide support to meet their child’s additional needs
- Invest in family wellbeing
- Address workforce skills deficits
- Ensure timely access to specialist support

3. Group discussion: (30 minutes)

Including opportunities to influence policy and practice, and other work in this area to map and link to.

4. Actions (20 minutes)

(To be completed after workshop)

What is needed	How it will be done	Who will do it	When it will be done