



In the aftermath of the COVID-19 pandemic, Frontline Families are providing events designed to meet the needs of families of disabled children and adults who have a range of support needs. See all events on our webpage.

bit.ly/FLFweb

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Craft for Wellbeing

Join Natasha from Creatabot for a creative wellbeing session where you will learn how to make colourful bath bombs using a kit that will be sent to you! The session will also discuss an easy to remember colour inspired meditation technique and a collage activity using bespoke summer-inspired card shapes, included in the kit.

Time: 11 – 12.30

Date: 18th May 2022 (Wednesday)

Place: via zoom/teams – link will be sent just before to those who have signed up

Contact: Dawn Rooke dawnrooke58@outlook.com

Frontline Families is a **partnership** of organisations who work with families of disabled children and adults who have a range of support needs.

