



**Challenging Behaviour
National Strategy Group**
Evaluation Paper

The Challenging Behaviour
Foundation



Challenging Behaviour National Strategy Group (CB-NSG)

Improving practice in the local and national delivery of health and social care for people with learning disabilities: using best practice to influence and drive change.

22nd November 2021 10.00-16.00 (via Zoom)

Feedback and Evaluation from the Challenging Behaviour National Strategy Group meeting:

Overall:

About 47 participants attended for at least part of the day, with the majority of participants attending the whole day. A total of 14 evaluation forms were completed on Microsoft Forms and several people sent in feedback via email.

Attendees were asked to rate the day out of 5 with 1 being poor and 5 being excellent. All participants rated the day a 4 or above with the average rating 4.86.

11 respondents answered the questions about suggestions for how the CB-NSG meetings could be improved. 5 replies indicated they had no suggestions or left general positive feedback. Others gave positive comments and suggestions via email. Suggestions for improvement included:

- covering fewer subjects
- allowing presenters more time to answer questions
- sharing email contacts

Some respondents also left suggestions for discussion areas such as:

- exploring topics with people with learning disabilities and autism who have experienced services, including wider issues such as culture, ethnicity, faith, and sexuality,
- exploring family carers as members of the workforce and the implications of improved training and partnership work.

Presentations and Discussions:

Attendees were asked to indicate how useful they found the presentations delivered at the meeting. Respondents rated how useful each presentation was.

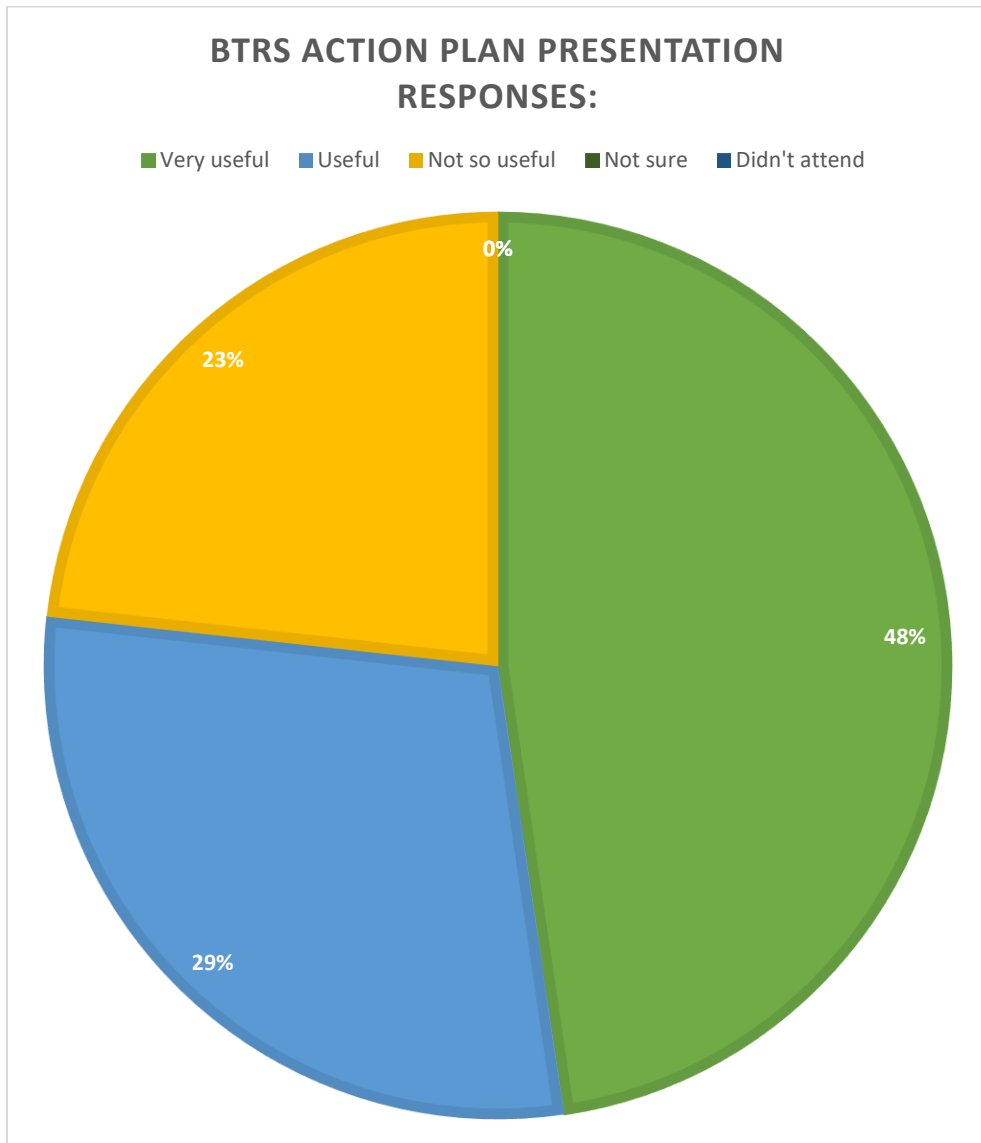
Family Carer Opening Presentation

All respondents felt that the family carer presentation was either very useful or useful.

'10 years on: BTRS Action Plan, what we have learned and what will be different'

Presentation:

Respondents gave mixed feedback on how useful the '10 years on: BTRS Action Plan, what we have learned and what will be different' presentation was. 48% found the presentation very useful, 29% found the presentation useful. 23% felt the presentation not so useful.



Following the presentation, attendees joined break out rooms to discuss the BTRS Action plan. Respondents were asked to rate the usefulness of each discussion.

All except one respondent found the BTRS Action Plan discussion to be either useful or very useful.

'Changes in the delivery of Health and Care – Integrated Care Systems and Provider Collaboratives' Presentation:

Respondents mostly felt that the presentation on 'Changes in the delivery of Health and Care – Integrated Care Systems and Provider Collaboratives' was useful. 93% of respondents felt the presentation was either very useful or useful. Following the presentation, attendees discussed the new health and social care systems in break out rooms.

Respondents were asked to rate the usefulness of each discussion. The majority of respondents found the Integrated Care Systems and Provider Collaborative's discussions to be useful, although 2 respondents felt it was not so useful.

Afternoon Workshops:

Respondents attended a wide range of afternoon workshops including:

- How can community intellectual disabilities services improve the delivery of psychological therapies for aggressive challenging behaviour?
- AID-ITT: Supporting young people with a diagnosis of Autism or Learning Disability who are at risk of a CAMHS inpatient admission
- The development of an Integrated Intensive Support Service
- Transforming Care and the NHSE Schools Autism Project
- External support group: Working with clinical teams to support individuals in a local area

All the respondents rated their workshop to be useful or very useful.

General Feedback:

Respondents were given the opportunity to give any other feedback on the presentations and discussions. 11 respondents replied to this question.

Positive feedback received included:

- The day was helpful, and I enjoyed the discussions
- There was a lot of ground covered and important topics discussed
- The discussion groups had specific questions
- The family carer opening presentation was very effective and that it was a good idea to start with a first-person experience

Respondents also gave some suggestions for improvements such as:

- Giving more time to look at Integrated Care Systems as this was a very complex issue.
- That the morning sessions were more negative but that this was understandable given the subject matter
- The accessibility of the meeting could be improved, for example, to better accommodate people with learning disabilities
- The BTRS presentation was less effective and weaker as it did not acknowledge the current hardships and reality of the issues discussed.

Feedback on learning from the meeting / actions attendees will be taking forward:

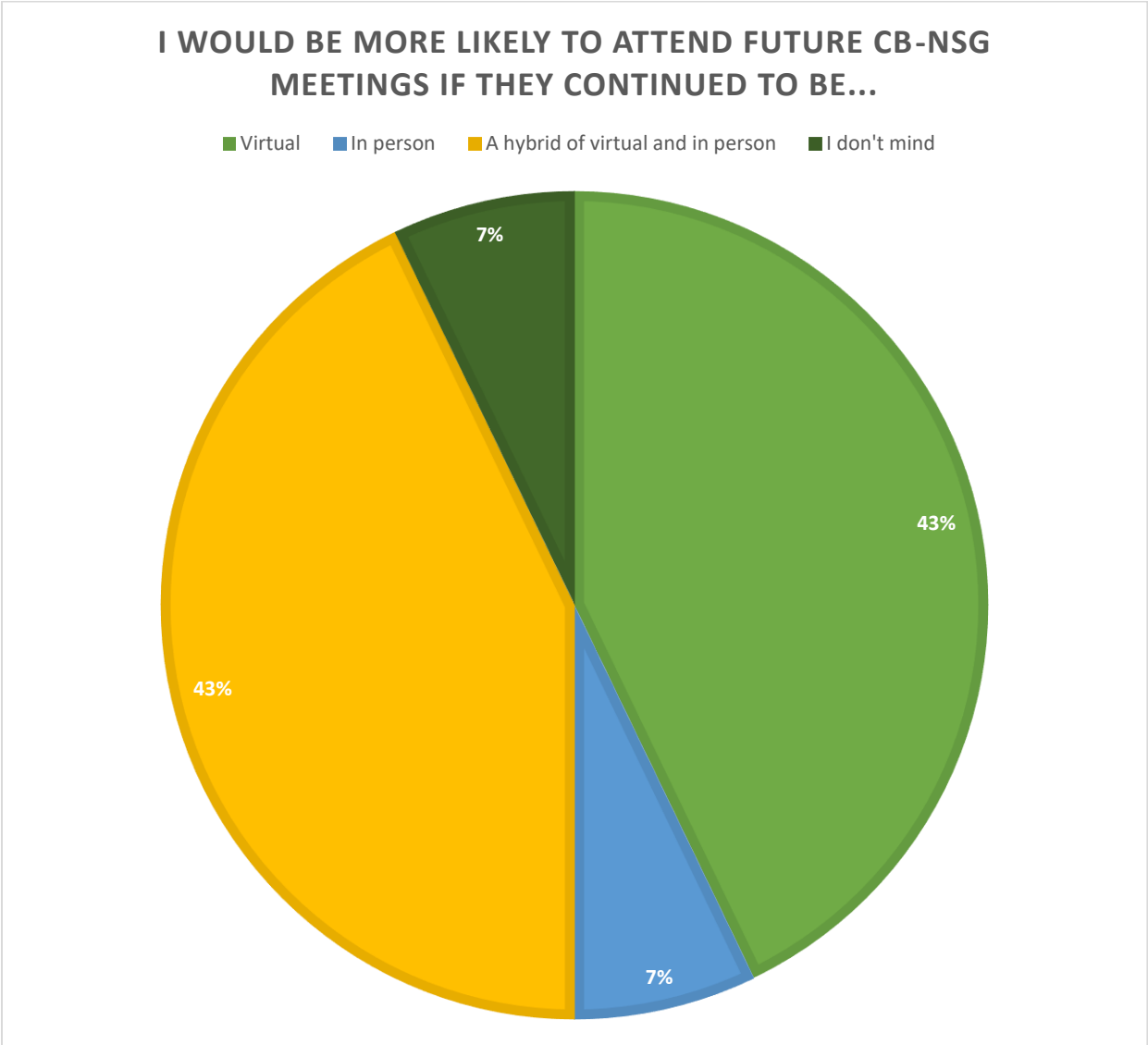
Respondents were asked to give details of any actions they will be taking forward from this event. 10 respondents replied to this question. 2 respondents said they would share the discussions and experience with colleagues. Several of the comments related to pushing forward key messages from the day such as, early intervention. Several respondents commented that they would find out more about their afternoon workshop or that they would find out more about Integrated Care Systems. All actions were noted down and delegated during the breakout rooms so many respondents included specific personal actions they would be taking forward.

Format of CB-NSG:

13 respondents identified that they would attend another virtual CB-NSG. All respondents replied when asked if they would prefer virtual or face-to-face CB-NSG meetings. 8 respondents identified that they would like meetings to be virtual and some identified advantages to virtual meetings, including reduced cost and no requirement to travel.

However, some respondents felt that they missed or still enjoyed face-to-face events. 2 respondents identified that they would prefer face-to-face over virtual and 3 respondents were happy with either.

Respondents were asked whether they would like future CB-NSG meetings to be virtual and many felt positively about this, although 6 respondents also thought a hybrid of virtual and in person events would work well.



Additional Comments:

Respondents gave additional comments and feedback on their overall experience of the CB-NSG meeting.



Respondents also gave specific feedback, for example, that they liked the lunchtime sessions and that the topics discussed were of great importance. Several respondents provided feedback about the day being well organised. One respondent suggested giving out participant lists beforehand. All the respondents gave positive replies when asked if the meeting was useful, although one reported technical difficulties. All respondents also felt that the day has met their expectations and objectives.