

## Logic model- Getting It Right in West Sussex 2019-2020

**CONTEXT:** In West Sussex, existing services need to be strengthened and the offer to families broadened. The CBF have experience and knowledge of supporting local authorities and CCGs and linking health with social care, education and employment. The delivery phase coincided with the coronavirus epidemic and 'lockdown', so some planned events had to be delivered online.

**AIMS AND OBJECTIVES:** Children and young people (0-25) with learning disabilities at risk of behaviours that challenge will receive the right support, in the right place and at the right time, from well informed professionals and staff so they can live a happier and more inclusive life in their community.

(In this logic model 'Families' refers to families of children and young people with learning disabilities whose behaviour challenges.)

### INPUTS

*Specific project inputs:*

National Lottery Community Funding

GIR project time from staff at CBF and West Sussex

- Children and Young People's Policy lead at the CBF
- Policy Officer at the CBF
- West Sussex project lead (PBS commissioning lead) and steering group

Independent evaluation

Financial input from W Sussex- travel and refreshments.

*Existing service provision in West Sussex:*

Children's Disability social work team/ Life Long Service; Early Help teams are SEND champions

PBS lead commissioner supporting Special Schools

Health challenging behaviour input through CYPRESS (under 18s). CLDT health and social care offer and access to Enhanced Support Service to cover 18-25s.

Quarterly behaviour support network meetings for providers and families

Special Schools have Team Around the School approach.

### PROCESSES

GIR steering group meetings

*To inform delivery plan:*

2 x family carer focus group (North and South)

Stakeholder (professionals and family carers) event in West Sussex

Online survey of family carers and professionals about the service provision in W Sussex

CBF write up findings in report and co-produce delivery plan for W Sussex.

*To develop families' and professionals' skills and confidence in PBS:*

1x 3 positive behaviour support workshops.

### OUTPUTS

Meaningful plans for sustainable improvements in support in West Sussex

Provision of specialist training and sharing of best practice with families, professionals, and commissioners in West Sussex.

New self-sustaining networks established to support families, informed by focus groups/survey.

Families have a space (in focus groups in the first instance and then virtually) to share their experiences/ feel listened to by services and each other.

Presentation on project findings by West Sussex colleagues at Challenging Behaviour - National Strategy Group Meeting.

### OUTCOMES

**KEY OUTCOME:** Families are more resilient.

Families have the knowledge and confidence to use PBS techniques to understand reasons for challenging behaviour and to respond appropriately.

Families who have been on PBS workshops find a reduction in the prevalence/ severity of challenging behaviour and positive changes to the whole family dynamic.

Families feel well informed about useful services and support in West Sussex.

Families are routinely involved as valued co-producers in developing and improving services and support.

Families feel less isolated and better connected to local support networks.

Professionals learn from families (through this project and beyond) and use learning to strengthen support and services they are offering.