

INFORMATION SHEET

Coronavirus (COVID-19): Severe Learning Disability Information Cards

This pack is designed to help you explain to members of the public and the police that your relative:

- Does not understand social distancing rules and has one or more members of support staff who help them socially distance.
- Cannot tolerate a facemask and, therefore, does not need to wear one.
- May be allowed close contact with people outside of their household or 'support bubble'.

All our information sheets are available to download free of charge.

To enable us to continue our work [please support us](#) or donate £3 by texting CBF to 70450.

Is this resource helpful? Please spend a few minutes giving us some feedback: www.surveymonkey.co.uk/r/cbfresources

A4 Information sheet

This could be used in a number of ways:

- To proactively inform your relative's neighbours that they will be going out and not following all social distancing guidance/wearing a facemask
- To send to your local police station to inform them of your relative's rights.
- To share on social media to raise awareness in the general public and so fewer families are made to feel uncomfortable in their communities.



Information Cards

These can be printed. If you select 'print double sided' and then cut along the dotted lines, the card will contain all the information you need. Alternatively, you can print single sided and stick the front and back together. Please share with support staff who may also be out and about with your relative and so they can also print copies.

If you do not have a printer you can take a screen shot on your phone and save this somewhere it is easy to access. It can also be sent to support staff in this format via messaging, WhatsApp or email.



These are intended to be handed to anyone who asks why your relative is not following Government guidance. They contain all the information that the police or public need to understand why your relative is not following the social distancing guidance or wearing a facemask. We hope this will save you or your relative's support worker time explaining and allow you/them to focus on supporting your relative.

We hope that these resources will promote kindness and understanding towards people with severe learning disabilities during what is already a very difficult time for them and their families.

Reviewed on 20/01/2021. © The Challenging Behaviour Foundation, 2020

The Challenging Behaviour Foundation

We are a registered UK charity specifically focussed on the needs of children, young people and adults with severe learning disabilities whose behaviour challenges, and their families. We will make a difference to the lives of people with severe learning disabilities, whose behaviour challenges, and their families by:

- Championing their rights
- Ensuring timely information and support
- Raising awareness and understanding
- Promoting and sharing best practice

To access our information and support, call 01634 838739, email info@theCBF.org.uk or visit our website: <https://www.challengingbehaviour.org.uk>

PLEASE DO NOT SHOUT AT ME!

Please be kind and respectful

I have a **Severe Learning Disability**

This means I can't understand Social Distancing.

- I cannot tolerate wearing a face mask and therefore am not required to do so.
- My supporter/carer helps me to keep 2 metres apart from anyone who is not my carer, a member of my household or a member of my support bubble.

People with severe learning disabilities who display certain behaviours may be more affected by the requirement to cover their nose and mouth than others.

The government guidance states that 'those who may find it difficult to manage them correctly' are not required to wear a face mask or covering.

A formal decision to allow me to have close contact with people outside of my household may have been made in my best interests.

For more information search 'Government guidance our plan to rebuild'. To find out more about people who have severe learning disabilities, visit:
www.challengingbehaviour.org.uk



**The Challenging
Behaviour Foundation**

making a difference to the lives of people with severe learning disabilities

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- My supporter/carer may not wear a mask if this will distress me and put them or me at risk of harm.



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People with severe learning disabilities who display certain behaviours may be unable to manage wearing a facemask, and therefore **do not** have to comply with the requirement to wear one if they have a legitimate reason not to.

Reasons include if putting on, wearing or removing a facemask:

- Is not possible because of my severe learning disability
- will cause me severe distress

My carer may not wear a mask as this may distress me and put them or me at risk of harm.

The full Government guidance can be viewed here:
<https://bit.ly/GOVfacemask>

To find out more about people who have severe learning disabilities, visit: www.challengingbehaviour.org.uk



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