

## Updates from the CB-NSG steering group – October 2013

A whole range of action takes place between meetings to implement the work of the CB-NSG. Here the steering group have compiled information about a small selection of the progress made. **Many thanks to all CB-NSG members who have contributed to this work.** If there is a particular strand of work you would like to contribute to, or if you have information about related work to share, please get in touch.

For regular updates visit the Strategy Group pages of the Challenging Behaviour Foundation website: [www.challengingbehaviour.org.uk](http://www.challengingbehaviour.org.uk)

### Campaign subgroup update on recent campaign activity

The campaign subgroup led by Mencap and the Challenging Behaviour Foundation is continuing the Winterbourne campaign. Below is a summary of the work that has been completed.

- Two **campaign subgroup meetings** have been held to discuss the next stages of the campaign and subsequently a range of Parliamentary, media and other activities are planned over the next 3 months.
- In June Mencap & the Challenging Behaviour Foundation issued a **joint press statement** to mark 2 years since the exposure of abuse at Winterbourne View.
- An **e-action** was circulated to enable people to send an email to the Chair of their Local Health and Well-being board and to the CEO of the LA asking what progress has been made locally against the Winterbourne Concordat targets. 557 people took part in this e-action and 100 people forwarded the response they received to Mencap.
- A **local campaigns pack** is under development and will be launched by the end of the year. The pack will equip local campaigners to contact their local Health & Wellbeing Board with the aim of influencing change at a local level.
- We will work with the National Forum to produce an **easy read campaigns pack** for self-advocates.

### General updates

#### 1. New members

On the 4<sup>th</sup> October we welcomed the following new members to the CB-NSG:

- Heather Armstrong (Central and North West London NHS Foundation Trust & Chair of the British Psychological Society Child Learning Disability Network)
- Balwinder Sandhu (Family carer)
- Sarah Roberts (Family carer)

We also welcomed several people who had just begun representing their organisation at CB-NSG meetings:

- Elaine Cass (Social Care Institute for Excellence)
- Marie Lovell (Skills for Care)
- Charlotte Riggs (Sunfield School)

- Ruth Thomas (NATSPEC)
- Sue Turner (NDTi)

Additionally David Harling is now representing NHS England in his new role as Enhanced Quality Assurance Lead for Learning Disability in the Joint Improvement Programme.

## **2. Winterbourne View Joint Improvement Programme**

Beverley Dawkins (representing CB-NSG members) and Viv Cooper (representing National Valuing Families Forum) have been attending monthly meetings of the **Joint Improvement Board** to shape the work of the Joint Improvement Programme. Richard Whitehead (deputy) attended in place of Beverley in June.

Two of the areas of work that the Joint Improvement Programme has advanced are the stocktake and the engagement strategy.

### Stocktake

The stocktake has now been completed. The information has been analysed by members of the Joint Improvement Team, and the Social Care Institute for Excellence (SCIE) will independently analyse the information. Many areas (82) have requested additional support, and 340 examples of good practice have been sent in. Information from the stocktake will be published shortly. The Joint Improvement Advisors (Zandrea Stewart and Steve Taylor) are now in post. Bespoke support will be offered to individual partners based on the stocktake returns and requests. Regional priority plans will be developed.

### Engagement strategy

An engagement officer has been appointed (with input from people with learning disabilities and families) and will start in post this month. An engagement strategy group is being formed which will be co-chaired by Viv Cooper and Gavin Harding.

## **3. Expert reference group to the Joint Improvement Board**

The Joint Improvement Board suggested it would be helpful to access the expertise of CB-NSG members to help shape the Joint Improvement Programme. An initial meeting was held and this was found to be helpful. **As a result it has now been agreed that the CB NSG will form a new sub group which will act as an independent Reference Group to the Joint Improvement team.**

- So far, there have been three meetings - the initial discussion about input and information, a meeting in July about housing, commissioning and using the law effectively and a meeting in October on working with providers, and accessing local specialist support.
- Membership of the Reference Group is open to all core CB NSG members, with additional people invited to attend specific meetings according to their expertise and the topics under discussion. Meetings are structured around particular areas that the programme team identify, and are honest and

constructive with a practical and solution focussed approach (Chatham House rules apply).

#### **4. Core service specification**

A core service specification is under development to guide commissioners. It is planned that the final version of the core service specification is published in November ready for Local Authority and Clinical Commissioning Group 2014/15 planning.

Chris Bean is managing this project. The existing Adult Steering Group and Children & Young People Expert Advisory Groups have merged to form a new Core Specification Expert Advisory Group. Christine Lenehan (CDC) and Dominic Slowie (NHS England) will Co-Chair the Advisory Group. Several CB-NSG members are on the advisory group including Sarah Bernard, Nick Gore, Rowena Rossiter, Pru Allington-Smith, Amanda Allard, Sue Turner, Catherine Scholl and Viv Cooper. The first meeting took place on Monday 7th October.

Information about the core service specification will be published on the LGA website. Additionally the Joint Improvement Programme has also created a twitter account so if you are on twitter you can search for @WinterbourneJIP to be kept abreast of developments.

#### **5. NICE clinical guidance: challenging behaviour and learning disability**

The National Institute for Health and Clinical Excellence (NICE) will publish Quality Standards and clinical guidelines on challenging behaviour in learning disability in Summer 2015.

Work on the clinical guidelines has begun and the following CB-NSG members are members of the advisory group: Viv Cooper, Dave Allen, Alick Bush and Phil Howell.

The scope has been completed and the review questions are being finalised.

#### **6. Joint Commissioning Panel of the Royal College of General Practitioner and Royal College of Psychiatrists**

On the 23rd July the Royal College of Psychiatrists published a report on the role of specialist mental health in-patient services for people with learning disabilities.

The report, '*People with learning disability and mental health, behavioural or forensic problems: the role of in-patient services*', was commissioned by the College's Faculty of Psychiatry of Intellectual Disability as a result of Winterbourne View.

The report sets out the different types of specialist in-patient services that are currently provided for people with learning disabilities, and makes a series of key recommendations, including:

- A choice of both generic mental health and specialist learning disability mental health beds should be available for people with learning disability and mental health or behavioural problems who require acute in-patient treatment.

- Commissioners and providers of services should plan from day one of admission to in-patient services for the person with learning disability to move back to community services.
- Good in-patient unit facilities should have multidisciplinary therapeutic input. There should be regular monitoring of this availability.
- All in-patient units should be able to show evidence of going through an external accreditation process, such as those run by the Royal College of Psychiatrists or an equivalent.
- All in-patient units should be able to show evidence of a minimum data-set of treatment outcomes, including descriptions of quality of care, measures for effective treatments, appropriate use of medication, patient safety, compliance with the Mental Capacity Act, and patient experience.

## **7. Addressing the use of medication**

The need to address the appropriate use of medication for people with learning disabilities and challenging behaviour and the actions required are noted in *Transforming Care*. NHS Improving Quality will support a team of expert stakeholders to design and deliver the implementation of a bespoke improvement programme.

A medication collaborative scoping group meeting was held on the 20<sup>th</sup> September, supported by NHS Improving Quality.

Work is underway on a scope and content of work for the collaborative and a final scope will be agreed by the start of November. This will precede the launch of the collaborative.

CB-NSG members represented on the scoping group include Viv Cooper, Jill Rasmussen and Pru Allington-Smith.

## **8. Skills for Care – PBS and Physical Interventions**

Skills for Care, building on workforce development guidance published earlier this year are now in partnership developing workforce commissioning materials specifically related to positive behaviour support and physical interventions. A workshop was held at the CB-NSG meeting on 4<sup>th</sup> October providing an opportunity to contribute to this work. For further information and details of how you can get involved in the development of this guidance visit:  
<http://www.skillsforcare.org.uk/physicalintervention/>

## **9. Royal College of Nursing – PBS & Physical Intervention steering group**

The government made a commitment in *'Transforming Care'*, the final report of the DH Review into Winterbourne View Hospital *'to publish by the end of 2013 guidance on best practice on positive behaviour support so that physical restraint is only ever*

*used as a last resort where the safety of individuals would be otherwise at risk and never used to punish or humiliate’.*

The RCN was commissioned in June 2013 by the DH to lead a Consortium to:

- Review existing 2002 Guidance for restrictive Physical Intervention
- Replace with new guidance.

CB-NSG members Ann Norman, Viv Cooper and Alick Bush are represented on the steering group.

## **10. Corporate accountability stakeholder meeting**

On the 6<sup>th</sup> of September the Department of Health held a meeting with family carers and people with learning disabilities to gain their views on the corporate accountability consultation. The meeting was supported by the Challenging Behaviour Foundation and Dimensions. Approximately 20 family carers and 10 people with learning disabilities attended the meeting.

## **11. Early Intervention Project**

The Challenging Behaviour Foundation & the Council for Disabled Children have been successful in receiving funding from the Department of Health for a 3 year early intervention project. Jacqui Shurlock has been appointed as Project Manager to lead this work.

- The emerging evidence base shows that children are more likely to achieve a good quality of life if they get the right support in childhood, delivered in partnership with families. Early intervention using methods such as Positive Behaviour Support can reduce the severity and frequency of challenging behaviour and enable individuals to remain within their communities.
- The term ‘**early intervention**’ for the purposes of the project means intervening early in the individual’s life (so, within childhood, with a specific focus on early childhood) and early in the onset of behaviours which challenge.
- The project will not provide early intervention on behalf of the statutory agencies but will rather help to define what needs to happen to increase effective early intervention and to **promote and facilitate** that in the longer term.

To find out more about the project and how to sign up to the reference group please visit the projects web page at: [www.challengingbehaviour.org.uk/workshops-consultancy/cbf-projects/early-intervention](http://www.challengingbehaviour.org.uk/workshops-consultancy/cbf-projects/early-intervention)

## **CB-NSG evaluation**

We asked CB-NSG members some questions to find out what you feel works well and what we could improve.

We were delighted to hear that many members benefited from CB-NSG membership. For example:

*“Having an opportunity to influence government policy and strategy, learning from other members of the CB-NSG expertise and comments, learning from presentations at meetings, staying up to date with current policy and issues, meeting others involved in this field.”*

As a result of this feedback we propose to keep the following elements of our meetings and membership the same:

- Frequency of email updates
- Balance of speakers and workshops at meetings
- Broad range of stakeholders
- Inclusive approach
- Opportunities to influence policy
- Opportunities to network
- Focus on the individual & positive atmosphere

There were also some great ideas for improvement, so we intend to change the following:

- Increase opportunities to allow members to contribute to the work of the CB-NSG
- Increase the dissemination of best practice
- Gather more examples of best practice. Introduce a good practice slot at meetings where people can present a poster describing their practice with posters disseminated through networks and on website after the meeting (from Spring 2014).
- Focussed workshops allowing members to contribute to significant work e.g. Unified Approach, concordat actions
- Hold 1 meeting a year on a Wednesday & 1 meeting a year on a Friday (instead of both on Friday). To be implemented in 2014 as dates already booked for 2013.
- Hold 1 event a year outside of London (subject to securing funding)
- Increase participation of people with a learning disability (subject to funding & partnering with another organisation)

If you have any updates you would like to share please contact us on [nationalstrategygroup@theCBF.org.uk](mailto:nationalstrategygroup@theCBF.org.uk) or telephone: 01634 838739