

The Challenging Behaviour Foundation

Family Carers' Email Network: application form



making a difference
to the lives of people with
severe learning disabilities

This network is specifically for family carers' with a relative who has **severe learning disabilities** and may also display challenging behaviour. Individuals with severe learning disabilities typically have very limited or no verbal communication, a great difficulty in learning new skills and completing everyday tasks such as dressing and eating.

Our **Family Carers' Email Network** gives families the opportunity to offer advice and share experiences with other family carers, all anonymously. It has been invaluable for family carers' to talk to others who have experienced living with a family member with a severe learning disability.

"It is good to get information, advice and encouragement from other families who have faced similar problems to ours. It is also good to be able to help others from our own experiences" – Parent

We may contact you for further information about your relative to ensure the Email Network will be the best support for you. We can provide a list of other forums on request, if there are other support networks which might be more helpful for you and your relative.

About yourself (PLEASE USE CAPITAL LETTERS)

Your name					
Your address					
Email		Telephone			
Your main language (for example, English/Polish/Panjabi)	<input type="checkbox"/> Don't wish to disclose	Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Don't wish to disclose	Year of birth	
Your ethnicity (choose one section from A-F, then tick one box which best describes your background)	A) White <input type="checkbox"/> English/ Welsh /Scottish/ Northern Irish/British Irish <input type="checkbox"/> Gypsy or Irish Traveller <input type="checkbox"/> White - Other:		B) Mixed/Multiple Ethnic Groups <input type="checkbox"/> White and Black Caribbean <input type="checkbox"/> White and Black African <input type="checkbox"/> White and Asian <input type="checkbox"/> Mixed/Multiple ethnic background - Other:		
	C) Asian/Asian British <input type="checkbox"/> Indian <input type="checkbox"/> Pakistani <input type="checkbox"/> Bangladeshi <input type="checkbox"/> Chinese <input type="checkbox"/> Asian – Other:		D) Black/African/Caribbean/Black British <input type="checkbox"/> African <input type="checkbox"/> Caribbean <input type="checkbox"/> Black/African/Caribbean – Other:		
E) Other ethnic group <input type="checkbox"/> Arab <input type="checkbox"/> Any other ethnic group:		F) Prefer not to say <input type="checkbox"/> I do not wish to disclose this			

About your family member with challenging behaviour

Name			
Date of birth		Age	Male or Female?
Relationship to you			
What level of Learning Disability does your family member have? (NB this network is only for people whose relative has a severe learning disability)	Severe/Profound Learning Disability	<input type="checkbox"/>	
	Moderate Learning Disability	<input type="checkbox"/>	
	Mild Learning Disability	<input type="checkbox"/>	
	Not sure	<input type="checkbox"/>	
Does your family member have a diagnosed syndrome/condition? (please specify)	E.g. ASD, Down Syndrome, Smith Magenis etc.		
What level of communication does your family member have? (i.e. no speech, some words and phrases, full sentences)			
Type of challenging behaviour – Please tick any behaviour/s your family member displays			
Self-Injury (e.g. head banging, self-biting, skin picking)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Physical Aggression (e.g. kicking, biting, pulling hair)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Verbal Aggression (e.g. screaming, vocalisations, repetitive speech, excessive swearing)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Disruption/destruction of property or the environment (e.g. ripping clothes, breaking windows or furniture)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Stereotyped Behaviours (e.g. rocking, spinning, hand flapping)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Inappropriate or unacceptable sexual behaviour (e.g. masturbating in public, touching others inappropriately)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Smearing and urination (e.g. smearing faeces, urinating in inappropriate places)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Stealing (e.g. taking possessions/food which do not belong to the individual)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Non-compliant behaviour (e.g. refusing to move, refusing to engage in an activity (despite being able))	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Absconding (e.g. leaving school/home/residential service without permission)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		
Pica behaviour (eating inedible objects, such as clothes, stones, cigarette butts)	Yes <input type="checkbox"/> / No <input type="checkbox"/>		

If you are interested in learning about our volunteering opportunities, please tick to receive some information about the roles we offer

The network is moderated by the Email Network Coordinator at the CBF, who anonymises messages and replies and circulates them to the network. We will send you an email to let you know when your address has been added to the email network. To send a message to the network, email network@thecbf.org.uk.

Please sign and date this form to confirm the information is accurate and that you are happy for us to hold this information on file and to contact you again in the future.

Signature:		Date:	
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Your personal data may be held electronically and will be kept in accordance with the Data Protection Act 1998 under which we are registered as a data controller. This data may be used by the charity for administration and fundraising purposes and will not be passed on to any third party without prior consent.

Please return this form to: network@thecbf.org.uk or to The Email Network Coordinator, The Challenging Behaviour Foundation, The Old Courthouse, New Road Avenue, Chatham, ME4 6BE