

The Challenging Behaviour Foundation

Parents' Email Network: application form



The Challenging Behaviour Foundation's Parents' Email Network is specifically for family carers who have a loved one with a severe learning disability. Children and adults who have a severe learning disability typically have no verbal communication or very limited communication, need a great deal of help with daily living skills, such as eating and dressing, and do not learn new skills easily.

A list of other forums can be provided on request

Our Parents' Email Network enables you to be in touch with a number of families and share experiences, information and receive and offer support - without any obligation to reply or to identify yourself. Being put in contact with other family carers who have directly experienced living with a family member with a severe learning disability who displays challenging behaviour has proved to be invaluable for many of the families that contact the CBF.

"The network helps against feelings of isolation" – parent

"It is good to get information, advice and encouragement from other families who have faced similar problems to ours. It is also good to be able to help others from our own experiences" – parent

About yourself (PLEASE USE CAPITAL LETTERS)

Your name	
Your address	
Telephone	
E-mail	

About your family member with challenging behaviour

Name					
Date of birth		Age		Male or Female?	
Relationship to you					
What level of Learning Disability does your family member have? (NB this network is only for people whose relative has a severe learning disability)	Severe/Profound Learning Disability	<input type="checkbox"/>			
	Moderate Learning Disability	<input type="checkbox"/>			
	Mild Learning Disability	<input type="checkbox"/>			
	Not sure	<input type="checkbox"/>			
Does your family member have a diagnosed syndrome/condition? (please specify)	E.g. ASD, Down Syndrome, Smith Magenis etc.				

What level of communication does your family member have? (i.e. no speech, some words and phrases, full sentences)	
Type of challenging behaviour	Does your family member display this behaviour?
Self Injury (e.g. head banging, self-biting, skin picking)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Physical Aggression (e.g. kicking, biting, pulling hair)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Verbal Aggression (e.g. screaming, vocalisations, repetitive speech, excessive swearing)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Disruption/destruction of property or the environment (e.g. ripping clothes, breaking windows or furniture)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Stereotyped Behaviours (e.g. rocking, spinning, hand flapping)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Inappropriate or unacceptable sexual behaviour (e.g. masturbating in public, touching others inappropriately)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Smearing and urination (e.g. smearing faeces, urinating in inappropriate places)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Stealing (e.g. taking possessions/food which do not belong to the individual)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Non-complaint behaviour (e.g. refusing to move, refusing to engage in an activity (despite being able)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Absconding (e.g. leaving school/home/residential service without permission)	Yes <input type="checkbox"/> / No <input type="checkbox"/>
Pica behaviour (eating inedible objects, such as clothes, stones, cigarette butts, plants etc.)	Yes <input type="checkbox"/> / No <input type="checkbox"/>

The network is moderated by the Email Network Coordinator at the CBF, who anonymises messages and replies and circulates them to the network. We will send you an email to let you know when your address has been added to the email network. You will start receiving messages from the network. To send a message to the network, email network@theCBF.org.uk.

Please sign and date this form to confirm the information is accurate and that you are happy for us to hold this information on file and to contact you again in the future.

Your personal data may be held on computer and will be kept in accordance with the Data Protection Act 1998 under which we are registered as a data controller. This data may be used by the charity for administration and fundraising purposes and will not be passed on to any third party without prior consent.

Signature:		Date:	
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Please return this form to: network@theCBF.org.uk or to The Email Network Coordinator, The Challenging Behaviour Foundation,
The Old Courthouse, New Road Avenue, Chatham, ME4 6BE