



## Challenging Behaviour - National Strategy Group (CB-NSG)

Good Outcome- Good Life  
Friday 6<sup>th</sup> March 2020

### Workshop 3: Can the Mental Health Act deliver good outcomes for people with learning disabilities and/or autism Workshop Facilitator: Tony Holland

Time: 11:55-13.15

#### The aim of this workshop is to:

To improve outcomes through a better understanding of the purpose of the Mental Health Act, how it might be used to protect against arbitrary and inappropriate detention and also how it provides a means of appeal where detention in hospital is either not appropriate or no longer appropriate.

#### The objectives are to:

The objectives are, through discussion and debate, to improve understanding of:

- the MHA as a protector against arbitrary or inappropriate detention
- the conditions that have to be met and reasons for the use of the MHA
- the means of appeal against detention and the role of Mental Health Review Tribunals
- How to respond in a crisis in the context of an often dysfunctional social care sector to limit the perceived need to admit someone to hospital under the MHA
- How a better understanding of the above and the MHA might improve outcomes

#### Actions:

What is needed	How it will be done	Who will do it	When it will be done
Appropriate level expertise in local community to			

prevent crisis and deal with crisis			
Create a clinical contract for commissioners to use with services they are 'purchasing'	upon admission need a respite area for discharge that is involved upon admission using a CPA structure. Monitor and review of the written agreement built into the service	Tony Holland, Ken Courtenay, Ray James	
Proactive planning for areas on what is in place for different circumstances	Audit on local areas	Ray James	
Police social care and understanding of the Mental Health Act	NAS and the Police		
Improving tribunals so they have an understanding on restrictions placed on MHA at tribunal	CQC and NHSE	Tony Holland, Ken Courtenay and CBF to contact Joan Rutterhood	