

Workshop: Responsibilities within the STOMP programme

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The **aim** of this workshop was to consider the responsibilities of different professions within the STOMP programme and how these link together to achieve overall outcomes.

The **objectives** were to:

- Consider the Professional Senate pledge to stopping over medication of people with learning disabilities and the contribution of different professions to fulfil this pledge
- Consider how providers/carers can support professionals fulfil their roles in meeting this pledge
- Consider strategies to support, enable and monitor professional's ability to fulfil their responsibilities to achieve this pledge

Background

The Professional Senate brings together professional leaders from across the UK to provide a collective voice of specialist health and social care and primary care practitioners. The Senate has pledged to stopping over medication of people with learning disabilities by:

- Fundamentally rethinking the role of psychotropic drugs in the learning disability population, especially for the management of behaviour problems
- Using a person centred Positive Behaviour Support framework to stop the inappropriate use of medication and provide alternative psychological and other therapeutic interventions at the right place at the right time by the right person.
- Consideration needs to be given to what each professionals' responsibilities are to meeting this pledge and how this can be achieved

Workshop Discussion

The group watched the 'Lost in Transition' video by Jen Fookes – it described the challenges the family went through during their son's transition to adult services and the struggle for their voice to be heard by professionals.

The workshop presentation covered the following areas:

- Role of the LD Senate and how it operates. Suggestions were made to amend or add to the pledge:

“Where medication has been used first, it should be reviewed early to allow other alternatives such as PBS to be applied”

- Origins of 'problem behaviour' – psychological, biological and social
- Reasons for over medication – miss or misdiagnose condition, limited
- How to reduce the risk of over medication – holistic assessment, bespoke intervention, partnership working

Consider the contributions of different professionals to achieving the Professional Senate pledge on stopping the over medication of people with learning disabilities.

- LD Senate providing a single voice for professionals working with disabled people and bringing together professional leaders across all health professions to discuss how to support this group of people.

Consider barriers which may influence professionals' ability to fulfil their role.

- Redistribution of skills from large hospitals into the community with specialist skills to support people with learning disabilities.

Actions

| Action | Who? | When? |
|--|--|----------------|
| 1. Seek funding and other support for an audit of medications being prescribed (including PRN medications) | LD Senate and NHSE | Autumn 2017 |
| 2. Seek funding and other support to explore the decision making culture within teams | LD Senate and HEE | Autumn 2017 |
| 3. Collate information on what all professional colleges have done to support STOMP – measure the one year impact of the STOMP programme | Ashok Roy to contact Senate members and NHS E to collate information on what each professional college has done to support STOMP in the last year. CBF to disseminate information to CB-NSG members | September 2017 |

Further information/guidance/ background reading

NHS England, (2016) Stopping Over-Medication of People with Learning Disabilities - www.england.nhs.uk/wp-content/uploads/2016/06/stopping-over-medication.pdf