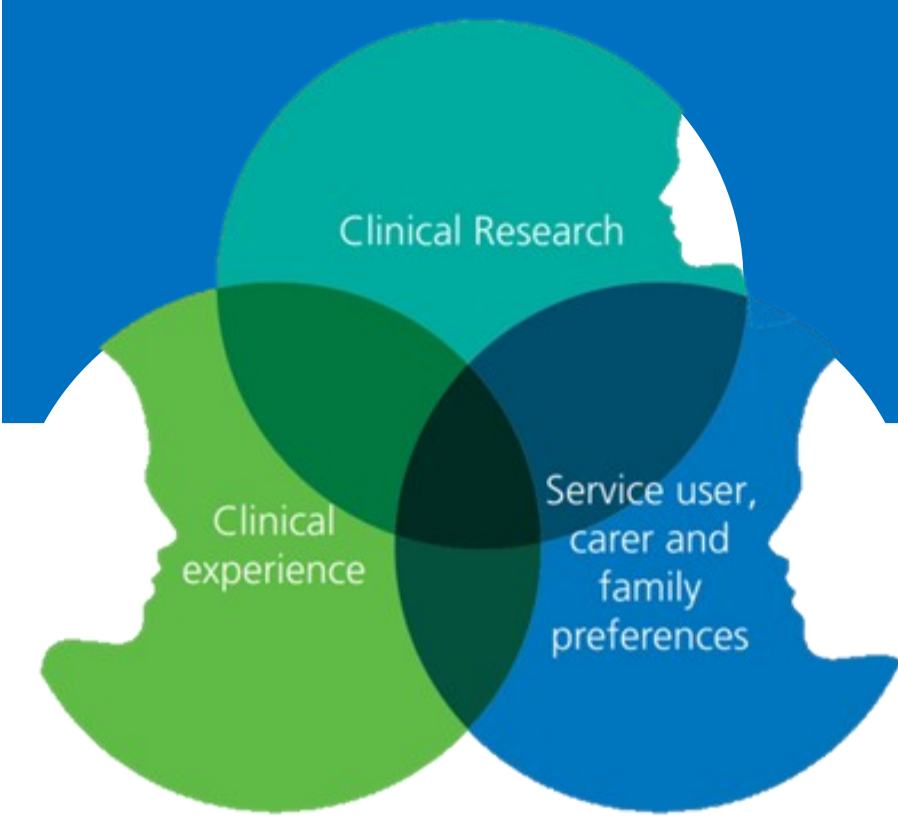


# Developing a lifelong pathway in Specialist Clinical Services: The Behaviour Support Pathway for children, young people and adults with a learning disability



We want the best possible outcomes for all the people who use our services.

In developing the pathway we brought together **Experts by Experience (EbE), clinicians** and **researchers** to ensure the care we offer is evidence-based so it can be as effective as possible

The pathway is important to help us in

- **Identifying** core clinical standards
- **Improving quality of services** through evaluation of the provision of evidence based care, outcomes and the implementation of menus.
- **Using research** to find even better care and treatment for people who use our services.
- **Prioritising the experience** of service users and their friends and family.
- **Engaging everyone** who wants better outcomes for people who use our services.

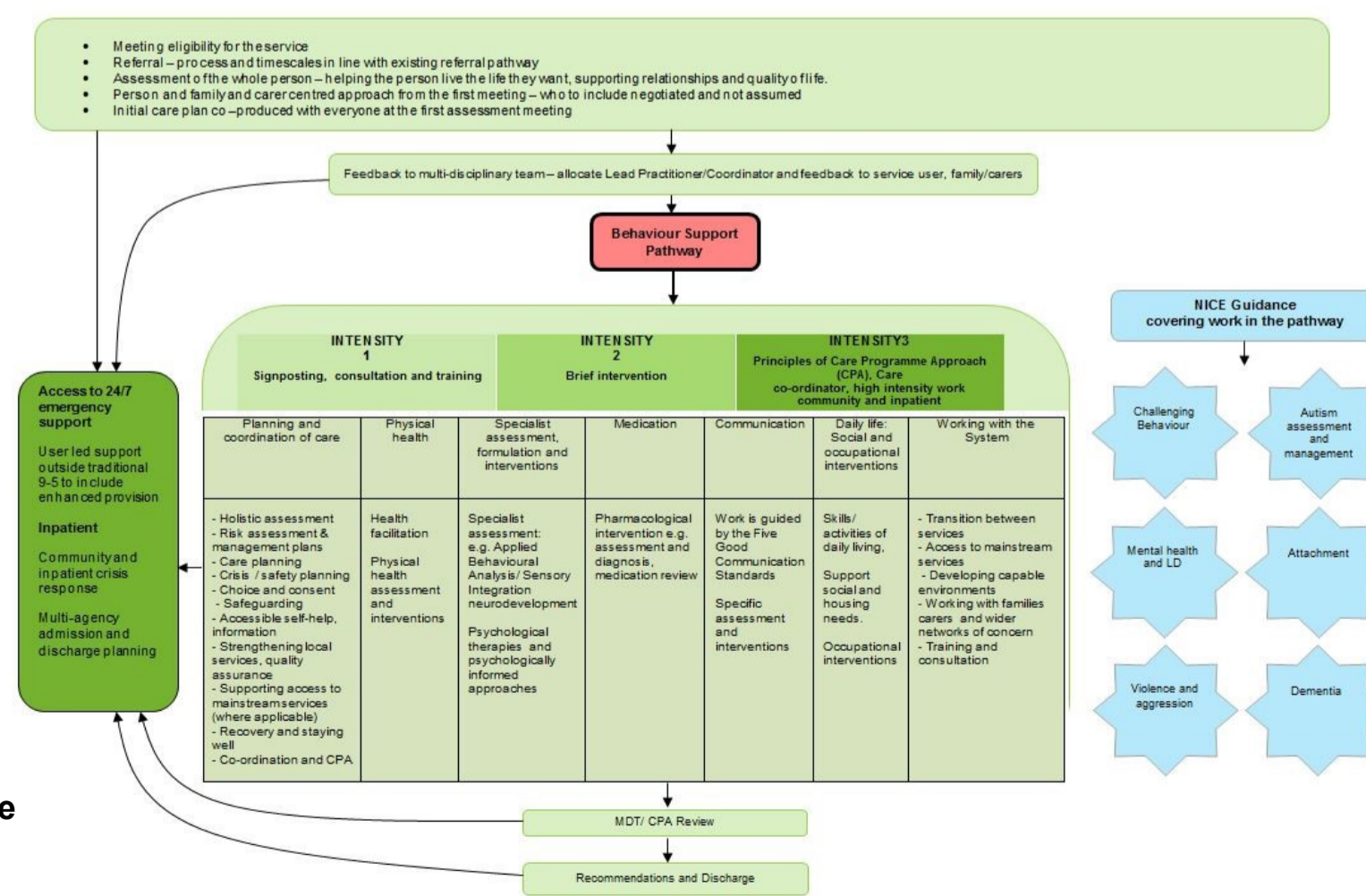
Best evidence available + Patient values + Patient expertise + Clinical expertise  
= Improved outcomes

<b>Specialist Assessment, Formulation and Interventions</b> 	We offer specialist assessment and interventions that are: <ul style="list-style-type: none"> <li>• Right for you</li> <li>• Right for your level of understanding</li> <li>• Right for your strengths and needs</li> </ul> This may include: <ul style="list-style-type: none"> <li>• Developing a behaviour support plan with you</li> <li>• Individual work (for example anger management)</li> <li>• Family/carer support and training</li> </ul>	<b>Communication</b> 	We will think about your communication needs and level of understanding.  We will make changes to help you understand information about your health care.  We can help the people who support you and others to understand more about how to communicate with you.
<b>Planning and Coordination of Care</b> 	We want to make sure your care is based upon a good understanding of your needs and wishes.  We offer support with <ul style="list-style-type: none"> <li>• Care planning and co-ordination</li> <li>• Safety Planning</li> <li>• Getting the right specialist referrals and care</li> </ul>	<b>Medication Treatment</b> 	We follow guidance about only prescribing medication when it is needed.  We will write down why medication is needed and review it every year.
<b>Daily Life</b> 	We understand that what you do in your daily life can affect your behaviour.  We will help you to take part in activities that are important to you.	<b>Family and Friends</b> 	We want you, your family and friends and your carers to be a part of your assessment and support.  We will encourage and support your family, friends and carers to be involved, where possible.  We will listen to who you want to be involved.
<b>Physical Health Care</b> 	We will understand how your physical health can affect your behaviour.  We will aim to support others to recognise physical health problems and support you well.  We will offer you advice and information about annual health checks.	<b>Service Quality</b> 	We will offer help and support with: <ul style="list-style-type: none"> <li>• Choice and consent</li> <li>• Transition between services</li> <li>• Access to health screening / promotion</li> <li>• Access to mainstream primary / secondary services</li> <li>• Access to non-health, community resources.</li> </ul>



As a result of the pathway work we now have process in place to develop and coproduce:  
Better care,  
Better outcomes  
More skilled staff

It has allowed us to successfully secure funding for staff training and work with commissioners to better identify the outcomes we wish to measure.



Recommendations for future practice:

1. Importance of *evidenced based care* being drawn from the combination of clinical research, NICE guidance, the preferences of people who use our services, their families and carers and clinicians' experience.
2. The continued need to review and update pathways in relation to the above.
3. The need for ongoing audit/benchmarking

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