

If we work together we can make a difference..... the value of an evidenced based approach



Are all our pupils learning?

The young people referred to us all lack the same skills

Central and North West London **NHS**
NHS Foundation Trust

Hillingdon CAMHS LD team

Have you heard about 'Essential for Living' and the Essential 8?.....that might help.....



EfL class — evidence based skills teaching

Aryan had 3 years of 'teaching as usual' after this time he was requesting by pulling people to objects or making 'protesting sounds'. He moved to the EfL class.....

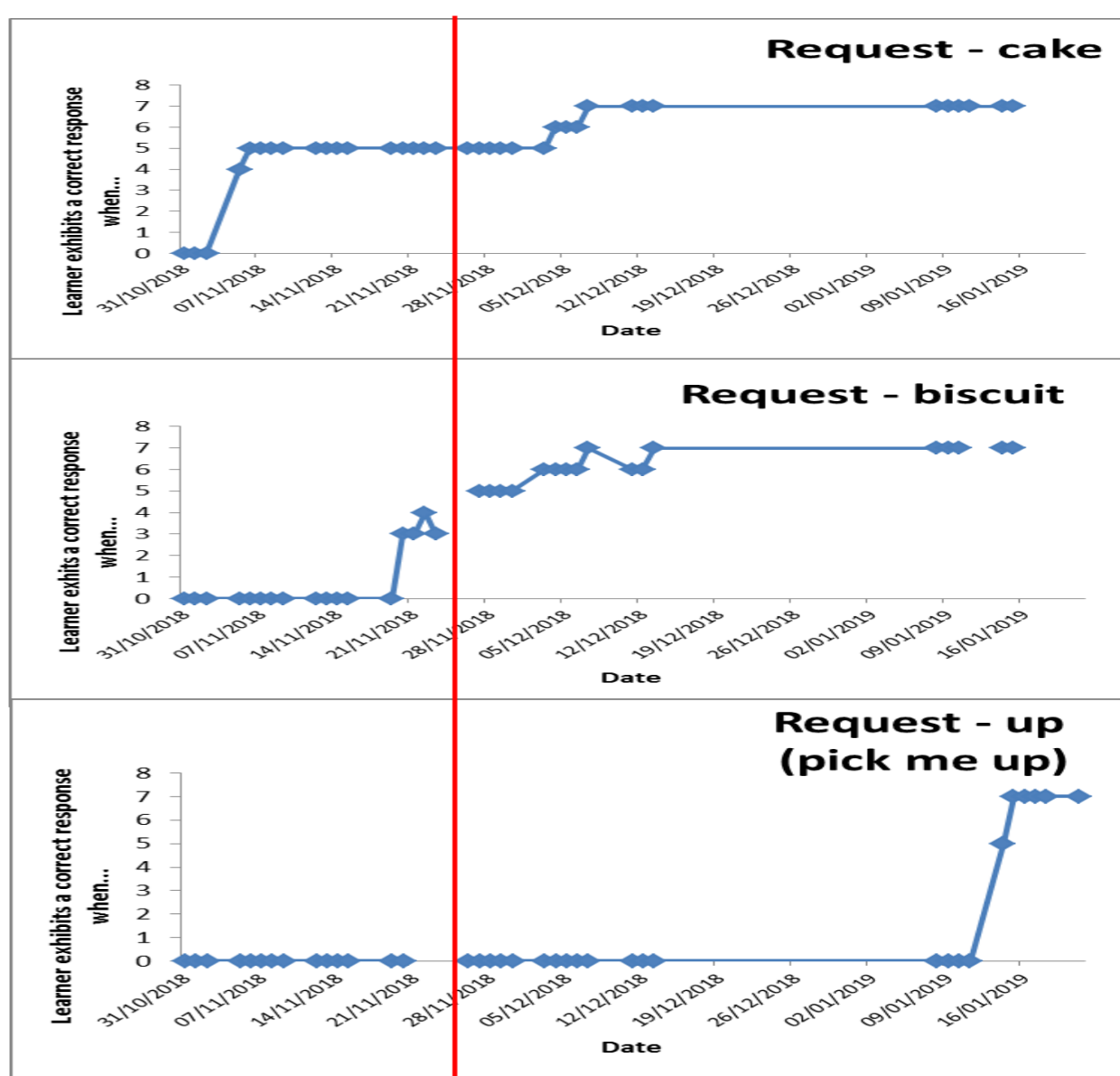
They found out what he liked and took away the demands.....they started to teach him to sign.....but the data showed no progress. They changed to pictures and **he found his voice**. He now has 10 pictures he uses. He is starting to tolerate, he is a 'happy boy'.



Key:
7 – generalised responding
6 – without prompts
5 – prompted
4 - prompt resistance
3 – disruptive behaviour/ complaining
2 – self-injurious, aggressive or destructive behaviour
1-no response

Signs

Pictures



Our learning points from the EfL class so far

1. Local authority special schools can implement a data led skills teaching package such as 'Essential for Living'.
2. Teaching core skills can reduce behaviour that challenges others
3. Good collaboration between health and education can be productive