Reducing Restrictive Intervention of Children Event

On 10th February 2020, the update report "Reducing restrictive intervention of children and young people" was published by the Challenging Behaviour Foundation (CBF) and Positive and Active Behaviour Support Scotland (PABSS). The report was launched at an event hosted by Baroness Sheila Hollins at the House of Lords.

We asked all invitees to make a pledge to reduce restrictive intervention through a specific action. Attendees from different sectors across UK made the action focused pledges that can be found below.

Pledges

Adele Boyd/ British Association of Social Workers Northern Ireland (BASW NI)

I will continue to work towards raising awareness and effecting positive change through collaborating with families and professionals to develop and promote best practice in a human rights context; and advocate for children with additional needs.

Though my committee remit in BASW NI, concerned at the lack of standardised policies and guidance from the Department of Education regarding use of restrictive practices and seclusion with children and young people with additional needs, including those with physical or learning disabilities,

BASW NI will continue to work in support of:

- Introduction of mandatory training for all staff working directly with children and young
 people with additional needs. We recommend interventions should be therapeutic in
 outcome and focus on positive behaviour support strategies, with restraint and
 seclusion used only as last resort option.
- Publication of departmental guidance on positive behaviour strategies developed in partnership with parents and all other relevant stakeholders.
- Introduction of mandatory recording and reporting of all incidents of restrictive practice and seclusion

Alice Livermore & Emily Graham/ MIND

- 1. Contnue to be part of the RRISC network and back recommendations in policy work.
- 2. Continue lobbying for effective guidance in use of force MHA 2019.
- 3. Continue to push for people with lived experience of restraint in policy and campaigning work.

Allison Millar/ Leigh Day

We are happy to provide families with free initial assessment of whether legal action may be an appropriate remedy for them where the child has been subjected to restrictive interventions. We will continue to support the RRISC group and its work.

Amanda Allard/ Council for Disabled Children

Push government to measure outcomes which will drive reductions.

Andy McClenaghan/ British Association of Social Workers Northern Ireland (BASW NI)

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Bella Travis/ Mencap

- •Mencap pledges to focus on restrictive intervention (of children as well as adults) as part of its influencing work around the Transforming Care Agenda.
- •The learning disability APPG is holding a meeting on restrictive practices in the spring. This will include a focus on children.
- •Mencap pledges to support a family carer to attend and participate in the learning disability APPG and to continue to keep MPs informed and briefed so they can ask questions of Government.
- Mencap pledges to follow up the recommendations from this report with DHSC.

Beth Morrison/ PABSS

I pledge to keep campaigning to uphold the human rights of our most vulnerable children and young people to be free from physical and emotional harm because of restraint & seclusion in all settings.

Catriona Rubens/ Leigh Day

To raise awareness of the CBF and PABSS' work via social media and a blog, and to offer the CBF assistance -in- kind to promote their work in 2020- printing, badges, admin!

Christopher Stirling/ CRISIS PREVENTION INSTITUTE

To direct all our customer organisations to RRN and to make organisational commitments to eliminate restrictive practices.

Cicely Chapple/ CAN DO ELLA

To keep spreading the word and letting everyone know what is happening to these children and to assist in campaigning to change the practices, that create this situation.

Clare Taylor/ Swansea Bay University Health Board

To be part of the movement to reduce restrictive interventions and the embedding of a human rights approach across all services and challenge the narratives given in an attempt to justify the use of restrictive interventions.

Dr Edwin James Jones/ Swansea Bay University Health Board

I will work together with health, social care and education services in Wales to help them identify and reduce restrictive practice and restrictive physical interventions, across the lifespan.

I will do my best to explain and help individuals and services to implement Positive Behavioural Support (PBS) to enable children and adults to get their needs met without having to use behaviours that challenge

I will challenge the use of restrictive practice and help people understand the detrimental effects they have and to work in alternative ways through learning about PBS and implementing human rights based approaches.

I will help translate materials into Welsh and contribute to and support the work of the CBF, PABSS, BILD and the Restraint Reduction Network in order to help me to do this.

Dr Nick Gore/ Tizard Centre

Work with the CBF to generate a practical team to advise and support in complex situations in which children encounter restrictive interventions.

Dr Ruth Wyn Williams/Improvement Cymru

I will seek and listen to the children and young people in Wales and work with all stakeholders to introduce early intervention, PBS and reduce the use of restrictive interventions.

Elly Chapple/ CAN DO ELLA

I will commit to making positive, collaborative change for life with the RRISC group and others working to uphold our children's human rights. We will achieve mandatory human rights based quidance.

Giana Rosa/ Children's Rights Alliance England (CRAE)

CRAE will raise this issue as one of great concerns in the next review of the UK by the UN Committee on the Rights of the Child. We will aim to ensure that the use of restrictive interventions and seclusion is on the list of issues that will be included in this process.

Jaanki Patel/ Global Initiative to End All Corporal Punishment of Children

Pledge to continue our work to end violent discipline of children in schools with a focus on the UK.

Jennifer Wright/ Irwin Mitchell

I will continue to advocate legally for the rights of children and to assist with policy-wide challenges to reduce the use of RI on children in England.

Joe Powell/ All Wales People First

I pledge to share information and learning through our networks of learning disabilities selfadvocate groups in Wales.

Kate Sanger/ Mycommpass.com

- 1.To work in partnership with all organisations to bring Statutory Guidelines throughout the UK.
- 2.To uphold the Human Rights for all children.

Kath Bromfield/ NNPCF

We will use our networks to promote awareness of the need to reduce restrictive interventions.

Katherine Quarmby/ Liberty Investigates

To pursue a human rights based focus to our investigations on restraint and control.

Linda Mitchell/ Scottish Commission for People with Learning Disabilities (SCLD)

The Scottish Commission for People with Learning Disabilities in partnership with BILD will continue discussions and work with colleagues in Scotland towards establishing a Scottish Restraint Reduction Network.

Louise Denne/ The University of Warwick/PBS Academy

Continue to work with the Challenging Behavuour Foundation, the CB-NSG and their collective stakeholders to extend the evidence base for PBS into applied settings and to raise standards of practice through the development of practical resources including those that lead to workforce development and the infrastructure needed to faciliate this

Nick Hobbs/ Children and Young People's Commissioner Scotland

I pledge:

- -To continue holding the Scottish Government to account against its human rights obligations;
- -To work to ensure that the national guidance is of the highest possible quality;
- -To keep calling for national recording and reporting of incidents;
- -To make sure that the one-year review properly and fully examines the success of a voluntary approach, moving to statutory guidance if necessary.

Oliver Glick/ Centre for Mental Health

Ensure all our member charities (200) are aware of how important eradicating restrictive interventions is.

Paula Hopes/ Swansea Bay University Health Board

Continue to discuss with others the practice that leads to restrictions that they may not understand as being restrictive.

Prof. Anita Franklin/ University of Portsmouth

I pledge to work in partnership if possible with CBF and partners to ensure the voices/views of disabled children and young people who have experienced seclusion/ restrictive practices are heard.

Prof. Richard Hastings/ University of Warwick

Work with charity partners to carry out a more comprehensive research study on the use of restrictive interventions.

Sarah Goff/ Ann Craft Trust

Push for National Safeguarding disabled children Guidance. To continue to raise the issue of restrictive practices as a Child rights, Human rights issue in all our safeguarding disabled children and young people interactive training and in articles and materials that we produce. To raise continually the issues in our National working group for safeguarding disabled children.

Sue North & Mary Busk/ NHSE

We will use all of our offices and endeavours to ensure this is raised within NHSEI and crossgovernment.

Suzi Scott/ CEDAR, University of Warwick

Raise the issue of restrictive practice and the harm it can cause to children and young people in my research (PhD) on improving access to early support for children with learning disabilities and/or autism, to reduce the likelihood of other children to being subject to restrictive harmful practices.

Theresa Joyce/ CQC

The CQC undertakes a number of joint inspections with Ofsted and will ensure that CQC inspectors have received training in learning disability, autism, challenging behaviour and PBS so that they can support good practice, recognise poor practice and take appropriate action.

Tom O' Hara/ Greenacre School- Wellbeing Trust

Work within the trust to identify key areas across 20 schools. Ensuring all settings apply NICE guidelines and that frameworks are in place to meet the RRISC key messages around supporting and recording.

The Challenging Behaviour Foundation

- Write up the event and share information from it.
- Continue to organise and facilitate the RRISC group, so we can work together to reduce restrictive intervention of children.
- Collate the pledges to inform a workplan for the RRISC group.
- Follow up (with RRISC group members) the recommendations from the report.
- Support family carer participation in the RRISC group meetings.
- Encourage family carers to share their experiences via the NHSE trauma work.

We will work together to use all of these actions to raise awareness and drive action to reduce the use of restrictive interventions against children with learning disabilities.

We are in the process of contacting others who were not able to attend the event for their pledges and will update this list as we receive them.