Learning from the Early Intervention Project

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Dawn Rooke, Family Carer and Challenging Behaviour Family Development Worker
Denise Kelleher, Positive Behavioural Support Specialist
This workshop will:

1. Hear about the findings from the national Early Intervention Project (Jacqui)
2. Hear about family support for families of children in Gloucestershire (Dawn)
3. Learn about early intervention and PBS for children in Gloucestershire (Denise)
4. Identify ways to replicate good practice in other areas (group discussion and action planning)
1. PAVING THE WAY:

EARLY INTERVENTION FOR CHILDREN WITH LEARNING DISABILITIES WHOSE BEHAVIOURS CHALLENGE
The project

- Three year project (2013-2016)
- Funded by Department of Health Innovation Fund
- Partnership between CDC and CBF
- Overseen by Steering group and Reference group, including young people, children and their families
- Collaborative/co-ordinated approach
- External evaluation
- Development of long term strategic approach
The well-trodden path

Lack of local, evidence-based, support and services to meet families’ needs (McGill, Tenyon & Cooper; 2006)

Family stress and emotional difficulties (Hastings 2002), high risk of children experiencing adverse life events including exposure to poverty, abuse, bullying and exclusion (Emerson; 2004 & 2012)

High cost services, often far from home, leading to restricted adult lives (McGill; 2008)

The route to improved outcomes

Local person-centred support to meet child and family needs in early childhood. Children able to experience the same opportunities as their peers and to participate in their community

Specialist support available to train and support family, carers and school staff in evidence-based approaches such as Positive Behaviour Support, alongside other interventions and support relevant to the individual child

A smooth transition to a full adult life in the community, maintaining family relationships
A Vision for Our Children

Our Children:
- Should have the same opportunities & experiences as other children.
- Are trying to tell us things.
- Should be valued, understood, feel safe & secure.

At Every Age:
1. A keyworker to help us through the system.
2. Everyone to use Positive Behavioural Support pro-actively.
3. Proper reasonable adjustments to ensure access healthcare & community.

At Every Stage:
- Information & training so we understand causes of behaviour & how to support change.
- Support for the practical emotional difficulties we face.

We Need Government, Local Authorities & Health To:
- Show that you value disabled children.
- Think & talk about people not processes.
- Have a named Challenging Behaviour Co-ordinator.
- Deliver long-term planning & clear pathways.
- Employ keyworkers.
- Commission Positive Behavioural Support.
- Include specialist support within the "Local Offer" to respond to needs identified in Education, Health & Care Plans.
- Ensure access to responsive schools near home which work with parents to provide effective education.


Wee Hee!
Children with learning disabilities are at a much greater risk of exhibiting challenging behaviour.

- In England, there are 40,000 children with learning disabilities whose behaviours are described as challenging.

Children displaying challenging behaviour face greater risks in a wide range of areas:

- Social exclusion, institutionalisation, deprivation, physical harm, misdiagnosis, exposure to ineffective interventions, and failure to access evidence-based interventions.

Parents or carers also face risks:

- Physical and mental ill health, physical injury, increased financial burdens, and reduced quality of life.

There is strong evidence that key factors causing/maintaining challenging behaviour can be changed.

- Change in these factors can be associated with marked reductions in challenging behaviour.
| Cost per year for a 52 week placement in a residential special school. |
|-----------------------------|-----------------------------|
| £171,176                    |                            |

Average cost per year for an inpatient (17 or under) in an ATU.  

£250,000

Cost per year for an adult service catering for adults with severely challenging behaviour.

£89,335 - £358,415
Evidence-based interventions

The CBF academic expert group recommends...

- Early behavioural interventions
  - E.g. ‘Stepping Stones’ from Triple P parenting programme
- Training for families
- Early identification and rapid response
  - Based on functional assessment and applied consistently
- Positive behavioural support
  - Systematic and family-centred
- Emotional support
Paving the Way

Early intervention for children with learning disabilities whose behaviours challenge

New website: pavingtheway.works

Families’ Vision

What good early intervention should look like

Evidence Papers

EHCP Resources

Awareness Surveys
Paving the Way

Early intervention for children with learning disabilities whose behaviours challenge

New website: pavingtheway.works

Videos
Perspectives of children, young people and families

Paving the Way
To show commissioners what works

PBS Resources for Families
Developed with the PBS Academy
CHALLENGING BEHAVIOUR PROJECT
GLOUCESTERSHIRE

Dawn Rooke
Family Development Worker
CHALLENGING BEHAVIOUR STRATEGY GROUP
(COMMISSIONED BY ADULT SOCIAL CARE/HEALTH)

LDISS
(Learning Disability Intensive Support Service)

FAMILY DEVELOPMENT PROJECT

TRAINING

BASIC ON LINE AWARENESS TRAINING

SUPPORTING 'EXISTING' PEOPLE IN CRISIS TO PREVENT ADMISSION TO ASSESSMENT UNITS

1. EARLY INTERVENTION PILOT
   0-6 NOT MEETING DEVELOPMENTAL MILESTONES & BEHAVIOUR ISSUES
   ages 7-25 (must meet ELIGIBILITY CRITERIA FOR SERVICES)

'HAVE YOUR SAY' - CARER VOICE
FAMILY LINK SCHEME
ONE TO ONE FAMILY SUPPORT

ADVOCACY

FAMILY - STRATEGIES FOR DEALING WITH CB

TRAINING FOR PROVIDERS

ACCESS TO SPECIALIST TRAINING IF ASSESSED AS NECESSARY - INTERVENTION

1. Introduced when identified children were not being targeted
2. Introduced to compliment the family training
My role is jointly funded by:

![Gloucestershire County Council](image1)

![Gloucestershire Clinical Commissioning Group](image2)

It is hosted by: where I can link with all other services provided by them for Carers around the county.

![Carers Gloucestershire](image3)

The project has also been done in collaboration with

![Challenging Behaviour Foundation](image4)
CHALLENGING BEHAVIOUR FAMILY DEVELOPMENT WORKER

Provides help & support for families living with Learning Disabilities and Challenging Behaviour - all age!

- **One to one visits** to offer emotional support and signposting to other networks

- **Family Mentoring** - to be able to talk to someone in a similar situation

- **Have your Say Reference Group** - Quarterly meeting to bring any issues that can be fed into the monthly strategy meeting, where we meet as a multi agency group

- Close links with the Challenging Behaviour Foundation (CBF) who provide **FREE FAMILY training** around Positive Behaviour Support
MARCH 2014 TO DATE

- Contact has been made with 300 families
- Support has been offered in a variety of ways
  - Info
  - Emotional support/listening ear
  - Referrals to other services
  - Help with resources
  - Advocating during meetings
  - Liaising with other agencies
Online basic training for all those living or working in Gloucestershire -

Training for providers delivered by Positive Response training, to make sure the delivery of approaches is consistent across the county

Training for Families (historically families have been given training)
The Challenging Behaviour Foundation will deliver 6 sets of sessions across all 6 areas on:

Positive Behaviour Support:
1. Understanding Challenging Behaviour
2. Supporting Behaviour Change

SPECIALIST training in Restrictive practice will then be available to those in need but must be referred by CLDT (Community Learning Disability Team)
If you're trying to achieve, there will be roadblocks. I've had them; everybody has had them. But obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it.
GLOUCESTERSHIRE’S POSITIVE BEHAVIOURAL SUPPORT SERVICE

Denise Kelleher
Positive Behavioural Support Specialist
WHAT WE DO

• We work with individuals aged 0 to 25 y/o
• We work within a PBS framework
• We work flexibly to meet the needs of individuals and their families
• We work across settings
• We offer free bespoke training and modelling, certified PBS training, and Active Support
WHAT THAT MEANS

• A comprehensive assessment identifying why, when and how behaviours happen and what purposes they serve. This will be done across settings

• The subsequent development of a Positive Behaviour Support plan built around the individual and those that support him/her

• Bespoke Positive Behaviour Support training

• Training and support to create effective environments

• Training and support for skill building and targeted teaching

• Signposting to other relevant services
INCLUSION & EXCLUSION CRITERIA

• Children under 7 years old do not need a formal diagnosis but will be demonstrating delays in meeting developmental milestones in addition to presenting with behaviours of concern.

• If the child is presenting with delays primarily in the areas of Personal, Social, and Emotional development, he/she will be signposted to more appropriate services.

• If the behavioural challenges are of a frequency or intensity above the capacity of an early intervention team.
• Children, adolescents and young adults from 7 to 25 years will need a formal diagnosis of moderate to severe disability
• This includes physical, learning, or sensory disability
• Individuals whose challenging behaviour would be better met by primary health care or mental health services will be signposted
• Individuals whose behavioural challenges are above and beyond the capacity of an early intervention team will be signposted to more appropriate services
WHO CAN REFER

- Educational Psychology Service
- Advisory Teaching Service
- Family First Plus Teams (Local Authority Early Help)
- Lead Professional’s/Social Workers from Disabled Children and Young People Service
- Early Help Advisors/Early Years Advisors
- Children and Adult Social Care Commissioners
- Children and Adult Community Learning Disability Teams (Health)
- Learning Disability Operations Team
- Special Educational Needs Coordinator/Head Teachers
- Strategy and Transformation team (Quality Reviewers)
- Health Visitors
- Paediatricians
- Family Development Workers (Carers Gloucestershire)
KEY FINDINGS

• Frameworks for data capture need to be in place prior to commencing service

• Stakeholder resilience is a key determinant for successful outcomes

• Training increases the positive outcomes

• Mediator behaviours need to be in place prior to commencing Functional Assessment

• Contextual fit is vital
WHAT HAVE WE ACHIEVED

• We have had over 160 referrals; 140 of which were accepted
• We have created and implemented over 60 PBS plans
• We have trained over 300 people; 180 of these are now certified in Positive Behavioural Support
• We have started a PBS CB champions network in Cheltenham and the Cotswolds for mainstream education settings
• We have just commenced a pilot working with an Adult Service Provider with a view to moving to an all age service
FURTHER INFORMATION


http://www.challengingbehaviour.org.uk/gloucestershire-pbs/gloucestershirepbs.html
FURTHER QUESTIONS

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or

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Group discussion

1. Key people to influence in local areas to make good support for children a reality elsewhere

2. Key influencers of those people in local areas (e.g., hearts and minds, funding streams, targets, particular people or organisations etc)

3. Key messages they need to hear

4. Identification of personal action plan