

Actions CB-NSG: Afternoon Workshops on Resilience
8/11/19

What	How	Who	When
Family/Individual			
Create a family carer role within Health and Social Care to facilitate resilience for other families, possibly through support groups.	Put together email group of workshop attendees to help co-ordinate future actions. Collect emails of interested participants for pilot in Oxfordshire Research and consider a politician/influential individual who could endorse the pilot	Simon Jones Simon Jones All	To update by next CB-NSG (update paper/ poster)
Providers			

Create checklist for providers to use to assess resilience and wellbeing in their organisation and take steps to improve it.	Create email group	Provider group (Nick Barratt, Sue Gale, Jill Chaplin, Kate Allen, Helen Gerolaki, Diane Conway, Mary Spence)	Monday 11th November Completed
	Produce short and accessible evidence case (summary) on existing research about why services need to be resilient	Peter Baker	By Mid December
	Analyse Peter Baker's existing research on resilience in services	Kate Allen	
	Look into research being carried out by PHD student on resilience	Christine Burke	
	Survey of providers	Helen Gerolaki, Jill Chaplin and Diane Conway	
	Share information about Commitment to Kindness at Autism at Kingwood	Kate Allen	Mid December
	Update to provider group on progress and findings so far	Provider group (Nick Barratt, Sue Gale, Jill Chaplin, Kate Allen, Helen Gerolaki, Diane Conway, Mary Spence)	

Share CBF pamphlet for commissioners with all CB-NSG members to share with their commissioner contacts	Put together checklist for providers	Provider group (Nick Barratt, Sue Gale, Jill Chaplin, Kate Allen, Helen Gerolaki, Diane Conway, Mary Spence)	Between Mid December and 21st Jan 2020
	Test/ pilot Provider checklist on Generate	Beverley Dawkins	Between 21st Jan 2020 and Next CB-NSG on 6th March 2020
	Send out pamphlet for commissioners with follow-up email	Mary Spence	To be shared in next update to CB-NSG membership
Workforce			
CB-NSG to discuss how support staff presentation could fit into next or future CB-NSG meetings	Steering group to discuss at next meeting (10 th December)	Steering group	10 th December steering group meeting
Invite support staff to present at next meeting (dependent on decision of above action)	Contact Support staff for Jackie Edward's son about their prepared presentation	Viv/Emma/Coral/Mary	Next CB-NSG
Invite support staff to next CB-NSG	Identify staff in provider services who would be interested in attending and invite.	Emma to discuss with Viv and contact Nick Barratt, Bev Murphy, Natasha Woodstocke, Erika Murigi,	Follow up closer to Spring CB-NSG

Look into possibility of a central website with top tips for resilience for staff	Look into what Skills for Care already provide and whether this can be combined with what is out there and hosted by Skills for Care	Marie Lovell	Mid-January
Look into peer training of staff on the ground, to avoid classroom training	Providers need to be on board to assess whether this is possible/run a pilot	Emma to contact CB-NSG provider members to discuss the possibility of a trial at their service	To discuss further at CBF- early 2020
Create a solid evidence base on the importance of staff resilience and wellbeing to use as a lever for campaigning with wider organisations and families to promote this	Link up with the summary/research that Peter Baker is doing and see that a general and accessible piece of work encompassing all of the evidence can be produced	Emma to keep in contact with Peter Baker (through the provider actions)	Early 2020
Services			
CB-NSG to join in with existing campaigns to promote service resilience. This may include the autism strategy work, the disabled children partnership etc.	Campaign subgroup to assess which campaigns they support and whether we can be involved in more or how to maximise our impact on broader campaigns around disability and services	Campaign subgroup	To discuss at 10th December meeting
Develop honest data collection and analysis	Work with the data subgroup to support this.	Mary Busk. Emma to invite to next data Group meeting (discuss with Coral)	January 2020
Paper on mandate independent life planning. This should be driven by a new independent team with teeth!	Discuss and work on a draft together. A new team should include people with courage, integrity, skills	Wendy Ewins and Sue Marsden	Present at next CB-NSG 6th March 2020

Research and evidence to be put together to prove what could have been done had money been used differently for one year.	Contact Richard Hastings to look into financial information available	Jacqui Shurlock to contact Richard Hastings	Jacqui has contacted Richard (end of November) and is waiting for a response.
Sharing good practices	<ol style="list-style-type: none"> 1. Remind people of research & early intervention findings 2. Share real positive examples 	<ol style="list-style-type: none"> 1. CBF 2. CB-NSG 	<ol style="list-style-type: none"> 1. December 2. March
Explore the leadership in the new keyworkers' role	Influence and bring the idea to the relevant national meeting	Mary Busk to bring to the next meeting for keyworkers	Next keyworker meeting (date TBC)