Challenging behaviour training programmes have often been delivered to either paid-staff or family carers of children with intellectual disabilities (ID). These have been found to be effective in bringing about positive changes for both children with ID and those who support them. However, the CBF brief training programme is unique in that it trains professionals and families together.

**Specific Aims of the Evaluation:** We evaluated training delivered by the CBF to both paid-staff and family carers who supported the same children. The programme consisted of a first workshop was held separately for family carers and for teaching staff but delivered the same content. All participants completed a related ‘homework’ task before coming together for a second workshop. Training focussed on a functional model of challenging behaviour and facilitated the production of individualised support plans for the focal children. There are no recorded attempts to conduct challenging behaviour training this way. The evaluation also aimed to find out if outcomes differed between participant groups.

**Evaluation Methods:** Prior to and following training workshops, teaching-staff and family carers completed
- the Checklist of Challenging Behaviours
- the Challenging Behaviour Attributions Scale and
- the Emotional Reactions to Challenging Behaviour Scale.

**Findings:** Significant positive changes were found regarding ratings of challenging behaviour, participants’ causal attributions and emotional reactions following the training. Post training differences were found regarding outcomes for teaching-staff and family carers: teachers were found to feel less anxious or fearful and family carers to feel less depressed or angry.

**Discussion:** Paid-staff and family carers can benefit from receiving combined training to support challenging behaviour amongst children with ID.

**Further Evaluation:** The current evaluation is interviewing a sample of family carers who have taken part in further workshops across the UK. The aim is to explore first-hand accounts of family carers regarding their experiences of the training and the changes that have arisen for the person themselves, their family and the person they support as a consequence. The focus is on areas related to quality of life.

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